

Welcome!

**Beginner Orchestra
“Informance”**

2018

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 - If you have not been receiving emails, please email me at lalondec@friscoisd.org so I can get you added to our email list

Instrument Set-up Cello

- **Cello Playing Position**

- Sit on the front half of the chair with upright posture
- Sit tall with the head over the spine and the back straight
- Place feet flat on the floor in front of chair legs
- Balance the cello between the chest, and each leg
- Center the endpin in the middle of the body
- Position the cello so the fingerboard is facing away from the body, not turned or tilted
- The peg box will be above the shoulder
- The C peg will be just behind the left ear, not in the way of the ability to have a straight head
- Student should be able to touch the bridge with the bow hand without changing posture
- Rest hands and arms at the side of the body
- Move upper body from side to side, keeping lower half still

Instrument Set-up

Violin/Viola

- Violin/Viola Playing Position
 - Hold the violin with the jaw in the chin rest
 - The instrument is parallel to the ground
 - Head is in a conversational position (straight up and down)
 - The shoulders are back and relaxed
 - If Standing- Shoulders, Hips and Feet are in line, and back is tall
 - If Sitting - Sitting on the front half of chair, feet are flat and back is tall

Instrument Set-up

Bass

- Bass playing position:
 - Sit on the front half of the stool with upright posture
 - Sit tall with the head over the spine and the back straight
 - Place right foot flat on the floor in front of the stool leg
 - Balance the bass between the inside of the left thigh and the right knee
 - Center the endpin in the middle of the body
 - The f-holes should be facing a 1'o clock angle from the body
 - Position the bass so the fingerboard is straight up and down rather than turned or tilted
 - Rest hands and arms at the side of the body and balance the bass

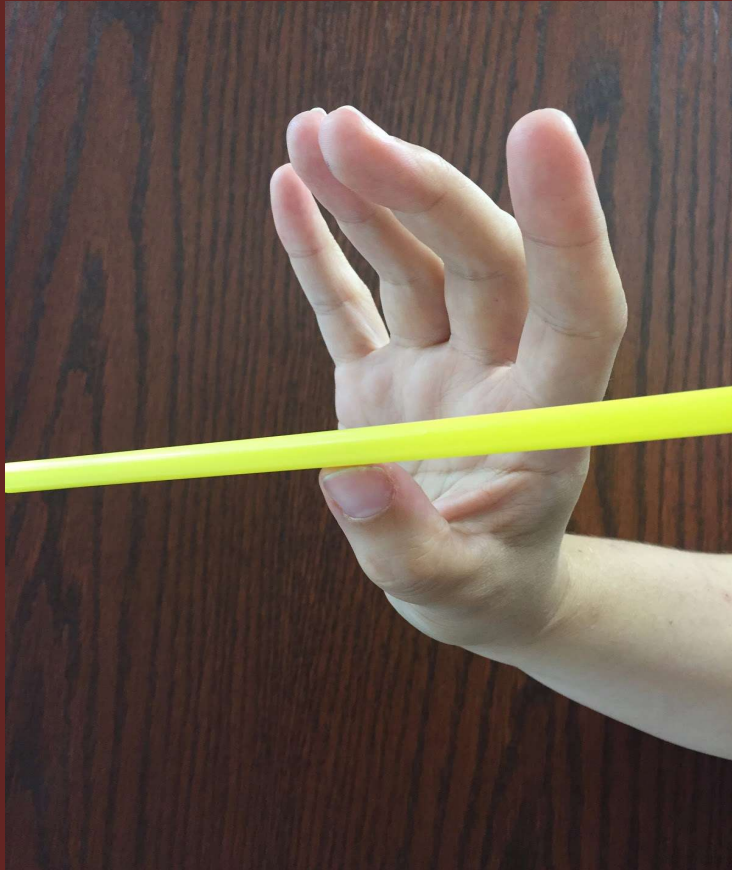
Plucking Position

- Form an L-shape between the thumb and first finger on the bow hand (right hand)
- Place the thumb at end of finger board (where the sticker is placed)
- Pluck the string with the end of the first finger, using the pad of the finger
- Raise or lower the elbow for each string while maintaining a soft straight line between the pinky and elbow (Elbow-Wrist-Pinky Line)

Left Hand Set-up

- EWP line for all instruments
- Left hand should be tension free
 - no squeezing with thumbs
- Left hand does not hold on to instrument
- Elbow supported with space

Bow Hold Set-up Violin/Viola



Bow Hold Set-up Violin/Viola



Bow Hold Set-up Cello/Bass



Bow Set-up Cello/Bass



WASCPA

The magic answer to good tone

- Weight
 - Angle
 - Speed
- Contact Point
 - Placement
 - Amount

Important Information

- Advanced Concert October 24th
- Winter Concert - December 18th
- Rehearsal Grades & Canvas Assignments